**SALAD**
Quinoa
*chick peas, red peppers, corn, maple chili vinaigrette by Urban Diner*

**MEATS**
Beef Abruzzo
Pork Cumberland Salami
*by Meuwly’s*

**CHEESE**
Peppercorn Jack
*by Fleur Jaune*

**BREAD**
Country Sourdough*by Bonne Vie Bakery*
Potato Chips *by Partake*

**FRUITS & VEGETABLES**
Pickled Vegetables *by Partake*
Selection of Seasonal Fruits

**CONDIMENTS**
House Marmalade
Tartar Dill Dip
*by Partake*

**SWEETS**
Nanaimo Cup w/ coconut, graham & cocoa base, vegan custard, rich dark chocolate
*by Bloom Cookie Co.*

Menu items are subject to change

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**Did you know...?**

- Purple cauliflower turns purple when it is under bright light and intense heat, and needs to be shaded in order to stay white!
- Strawberries are the only fruit with seeds on the outside. On average, a strawberry will have 200 seeds!
- If you eat too many carrots, your skin can turn orange from a chemical called beta carotene!
- Pickling vegetables can often make them more healthy to eat and easier to digest!
- Tomatoes have been grown in space!
Fun Things to Do at the Garden

There are some animal friends hiding in the Aga Khan Garden. See if you can find all 16 of them! Hint… Look near water

The Koi Fish in the Japanese Garden are very friendly. If you wiggle your hands in the water, they might come up to you! Just be careful not to touch them, as it could hurt their delicate skin.

Insect pollinators are important for helping plants grow. See if you can spot a Honey Bee or Butterfly visiting flowers in the Japanese or Alpine Garden.

PICNIC WORD SEARCH

S T M E E C A R R O T A E L
I E T E A C H E E S E H M B
H G A R D E N W E E E F O R
A B E L L T W E R C D O B
B S S I D R Y W T R A S A T
E E A P L A L A E E E C T O
R E S O H O F T K D B T D M
L L E T S E R E N N R W E A
C I N C I P E R A A E R S T
M I L L F L T F L M R R S O
P S I R I C T A B A M A E L
L E E B O T U L A L T B R E
R I O L K P B L T A R I T L
L N E B L R S E E S E I E K

BELL TOWER
KOI FISH
CARROT
PICNIC
SALAMANDER
IRIS
GARDEN
WATERFALL
BLANKET
DESSERT
ROSE
BUTTERFLY
BEE
CHEESE
TOMATO